



TRANSFORM YOUR LIFE WITH THE BIBLE'S WAY TO WEIGHT LOSS



December 2004

Matthew 6:33:
But seek first his kingdom
and his righteousness, and
all these things will be given
to you as well.

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National Director
..... Carole Lewis

Associate Director
..... Kay Smith

Leadership Training
Director ... Nancy Taylor

Newsletter Sheila Robbins

James 1:17, "Every good and perfect gift is from above,
coming down from the Father of the heavenly lights, who
does not change like shifting shadows."

Dear Friends,

December is a time of gift giving and gift receiving. As I was thinking about our E-Newsletter theme of "gifts" for December, I started thinking about the gifts that each of you are to us at the First Place office. Seeing God working in your lives, changing you inside and out, is a tremendous gift from God to our hearts.

Last weekend, I had the privilege of speaking at a ladies luncheon at Pam James' church in Charleston, WV. I don't usually take speaking engagements that are not related to First Place; however, Pam James has been a gift from God to my life, so I accepted. How wonderful to find that four other First Place friends had traveled from Cincinnati, Ohio to West Virginia just to be with me and support me while I was there. What a gift from God! At the luncheon I looked up and saw two ladies from our 2003 F.O.C.U.S. Week, who had traveled an hour to see me again.

As believers, all of us are gifts to each other and to the people we associate with each day. Are we the kind of gift that brings delight to the eyes of the receiver, or are we the kind of gift people would like to relegate to their basement or attic? During this season of gift giving, why not endeavor to be a gift to everyone we meet; to the clerk in the store, to the checker at the grocery store, and most of all to our own family. Let's gift them with a cheerful, uncomplaining spirit. Let's gift them with grace when our wait in line is long. The best part of being a gift is that it doesn't cost a cent. Each of us has the power of the Holy Spirit living inside of us just wanting to bestow love and grace to everyone we meet this season.

We have a choice this gift giving season. Will we only buy and give gifts, or will we choose to be a gift?



Carole Lewis
National Director
Carole@firstplace.org

**Blessings to you,
Carole Lewis**

Carole@firstplace.org





Talkin' With Kay

Dear First Place Friends,

Kay Smith

Associate Director
kays@bigcountry.net

Surrounded by the sounds, sights, and even the smells of Christmas, we are in search of that perfect gift for family members and friends. I would like to share thoughts this month about a very unique gift, the gift of “building a healthy family.” You may want to check your Christmas lists again to see if the choices are helping you build a healthy family.

I have come to realize just how much of a gift “good health” is to those around you. I am in the “sandwich era” of my life where the “good health” of my parents is a daily gift to me, and so is the “good health” of my kids and grandkids. My good health is a blessing to them. We each have a part to some extent in our good health or lack thereof.

Obesity in children has become an epidemic. The number of overweight children in the United States has more than doubled in the last two decades. Obese children are now developing diseases like Type 2 Diabetes that previously affected only adults. Overweight children continue to be at risk for developing heart disease, high blood pressure and stroke.

The major contributors to the obesity epidemic in children are poor eating habits and inactivity. The Centers for Disease Control and Prevention predicts that unless kids start eating less and exercising more, one in three American children born is expected to develop Diabetes. The gifts you give this Christmas could be a new beginning toward building a healthy family.

Children learn best from example. If you want active children, you need to be active yourself. According to the American Dietetic Association, fewer than six percent of children engage in daily physical activity with a parent. In

comparison, 29 percent watch TV every day with a parent.

Dr. Edward Laskowski, a specialist at the Mayo Clinic, says, “There are a lot of reasons why children are less active today, but the biggest culprit is the television set, followed closely by video games and computers.” Studies have shown a direct link between obesity and the number of hours spent watching TV. The American Pediatrics recommends limiting TV and video games to a maximum of two hours per day. So, you might want to take that Christmas list, mark out some of the culprits that will only add to more inactivity, and choose sports equipment, or new bicycles for the entire family.

A real key to building a healthy family is to promote activity, not exercise. Some good suggestion to establishing more family activity is:

- 1** Make an after dinner walk a habit. Put on your walking shoes and head out the door. It's a great time to catch up on each person's day.
- 2** Go for a family bike ride. Pack a picnic lunch or dinner and ride to a nearby park.
- 3** Play with your kids. While you're at the park, don't just watch. Join the kids in a game of hide and seek, tag or hopscotch.
- 4** Put a basketball goal in the driveway – and use it. Challenge your kids to a friendly game of Horse.
- 5** Sign up for organized sport if soccer, volleyball or another team sport interests your child. Then support their interest by not only attending their games, but also by helping them practice.

(Continued on next page)





Kay Smith

(Continued from previous page)

- 6** Plan family vacations that involve activity. Climb a mountain, hike a trail, canoe, ski, or swim. Make physical activity fun!
- 7** Assign physical chores. Have the children help with raking, lawn care, vacuuming and other chores that involve physical activity.
- 8** Walk, don't drive. Use the "less than a mile rule." If you're going somewhere that's less than a mile, walk when you can. If your child's school is less than a mile, start a "walk pool" instead of a car pool and take turns walking the children to school.
- 9** Walk the dog. Maybe the gift of a new dog is a great idea. Allow the child to walk the dog, and then involve your child and dog in a game of Frisbee.
- 10** Go bowling. If family night out involves the local pizza parlor, go ahead, but then include a physical activity like bowling or miniature golf afterwards.

You have probably recognized many great gift ideas, such as sports equipment, proper clothes for different activities, bikes, or a new basketball goal intertwined in these great suggestions. Planning activities may be the best gift you can give your family this year. Activity doesn't just happen. Take the word "exercise" out of your vocabulary. By helping your children enjoy fun, physically-exerting activities, you will be giving the precious gift of healthy habits that last a lifetime.

May God Bless You with a Very Merry Christmas!

Kay Smith

Coming Events

First Place Area Leaders Meetings

January 22, 2005

9:30 a.m. - 3:00 p.m.

Oakdale Emory United Methodist Church | Olney, MD

We will have a meeting with First Place "potluck foods" luncheon and Body and Soul Session featuring the new strength training video. Everyone is asked to bring a casserole or salad. Dessert will be provided.

Contact: Kathy Geehreng at (301) 253-6437

Email: kegeehreng@aol.com

Directions on the church website www.oeumc.org.

January 15, 2005

8:30 a.m. - Noon

Houston's First Baptist Church | Houston, Texas

Contact: Nancy Taylor at 800-727-5223

Email: ntaylor@firstplace.org

January 29, 2005

9:30 a.m. - 11:30 a.m.

Fairview Loop Baptist Church | Wasilla, Alaska

Contact: Judy Reeder, (907) 376-9769

Email: r8grand@gci.net

First Place Workshops

February 19, 2005

8:30 AM - 2:00 PM

Southeast Baptist Church | San Antonio, TX

\$25 registration fee (Includes lunch)

Contact: June Chapko, (210) 359-8493

Email: chapkoJ@aol.com

Special Speaker: Carole Lewis, Director of First Place

First Place Conference

April 1-2, 2005

Franklin Avenue Baptist Church

2515 Franklin Avenue | New Orleans, LA 70117

Go to the First Place website for registration form and additional information: <http://www.firstplace.org/conferences.html>

First Place F.O.C.U.S. Week

Focusing on Christ's Unlimited Strength

October 6-13, 2005

Round Top Retreat | Round Top, Texas

Mark your calendars. More information to come later.





Leadership Training



The Gift that Keeps on Giving!

Miss Martin was my P.E teacher and cheerleading sponsor when I was in junior high school. I have never forgotten her words of encouragement so many years ago. The words she spoke came after a great defeat in my young life. I had competed for a position on the varsity cheerleading squad and was terribly disappointed to find out that I was not chosen to be the one freshman on the varsity squad. I had been the head cheerleader my eighth grade year, and my dream was to cheer every year in high school. At 15, it seemed like all my dreams had gone out the window, and I felt totally defeated. I can still remember Miss Martin's words, as though she spoke them yesterday. She came over to me and put her arm around my shoulders and said, "Nancy, I believe that you will be a cheerleader in high school, and in fact you will more than likely be the head cheerleader when you are a senior. You just give it one year and you will be back cheerleading!" Those were the words I needed to hear and those were the words that gave me hope. She gave me a gift that day – the gift of encouragement!

First Place Leaders have many opportunities to give the gift of encouragement to their members throughout a 13-week session. Members often times come to class discouraged and defeated. These are challenging times for a leader, as well as open doors to share a word that will bring hope and healing. Isaiah 50:4 says, "The Sovereign LORD has given me an instructed tongue, to know the word that sustains the weary. He wakens me morning by morning, wakens my ear to listen like one being taught." Many weary First Place members just need to hear a word from their leaders, a word that would sustain them in their disappointment or discouragement. A leader's words can become cemented in a member's mind and be a healing balm to their heart.

You may be asking, "How will I know what to say?" "How can I encourage someone, when I can't even encourage myself?" I have a few suggestions for encouragement gift giving:

1 Encourage yourself! Take time each day to spend time with the Lord. Read His Word and pray daily, seeking refreshment and

Nancy Taylor
Leadership Training Director
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refueling. Read a daily devotional, highlighting any words that bring you encouragement or conviction. Memorize and meditate on one scripture a week. Each of these suggestions, if done in a consistent manner, will bring you encouragement.

2 Share with others how God encouraged you. God never wastes His Word. Isaiah 55:11 says that His Word, "will not return without accomplishing what He desires...." If God used His Word to encourage you, then He will use it again and again to encourage those with whom you share it.

3 Be prayed up before giving the gift of encouragement. When I go Christmas shopping, I do not buy everyone on my list the same thing. I try to buy gifts specific to each person's interests, needs, and personality. So too, when I speak words of encouragement to my First Place members. I choose my words to fit their special circumstance, need and personality. I would recommend that you read, *Your Personality Tree*, by Florence Littauer, to gain a better understanding of how to relate appropriately to different personalities.

I suppose you want to know the rest of the story! Miss Martin was somewhat prophetic! The very next year I made the cheerleading squad and I was the head cheerleader my senior year. She helped me to see the possibilities of the future and to not dwell on the failure of the moment. I not only remember her words, but I share those same words over and over again with my members. I tell them that, "Yes, you can lose weight and you can memorize scripture!" I want them to visualize a future where God reigns in their life and where once they experienced failure, they will now live a victorious life! It truly is the gift that keeps on giving – the gift of encouragement. Give it away this Christmas and throughout the years to come!

Lead On!
Nancy Taylor



Leadership Tip

A Holiday Lesson

To give support to our members between our fall session and our winter session, we offer a four-week holiday session. Our leaders rotate the leadership, so they will also get a break from leading each week during the holidays. The meetings are only one hour in length; the members come and weigh in and trade CRs with one another, so the leader doesn't have to evaluate the CRs. This also provides accountability for the members. We will not use any Bible study books or materials. Even if you are in the middle of a session, you may want to break from the regular schedule and have a holiday lesson in place of one week's study, or use as a wellness spotlight for one week during the holidays.

One of our lessons this holiday session is about gifts. The lesson centers around Isaiah 9:6, "For to us a child is born, to us a son is given,

and the government will be on his shoulders. And he will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace." We will discuss God's gift of Jesus and how this gift keeps on giving through the different names given to Jesus- Wonderful Counselor, Mighty God, Everlasting Father, Prince of peace. Each of these names represent a gift - the gift of wisdom, the gift of strength, assurance, and of peace. We will discuss ways we can share the gift of Jesus with our families and friends. We will also make a gift during the class. We will make bracelets, using beads and elastic string.

Be creative and make up your own holiday lesson plan, or have your members use their creativity by teaching the class how to make a gift, or by sharing a light holiday recipe. I would love to hear your creative ideas of how you lead your First Place members through the holidays! Merry Christmas and happy gift giving!

Nancy Taylor

Holiday Gifts from the Kitchen

For more Holiday Recipes, go to the First Place website at: <http://firstplace.org/Recipes/holidays.php>

CINNAMON-OATMEAL PANCAKE MIX

Makes 12 (5 in. Pancakes)

- 4 cups quick cooking oats
- 2 cups all-purpose flour
- 2 cups whole wheat flour
- 1 cup non-fat dry milk
- 2 tablespoons cinnamon
- 1 1/2 tablespoons salt
- 3 tablespoons baking powder
- 1/2 teaspoon cream of tartar

Combine all ingredients and stir to mix well. Makes about 8 cups. Divide the mix into 2 quart-sized jars.

Mixing Directions: In a medium mixing bowl, beat 2 eggs. Beat in 1/4 cup of vegetable oil gradually. Alternately beat in 2 cups pancake mix and 1 cup of water. Pour in large spoonfuls into a lightly greased skillet over medium-high heat, and cook until the tops show broken bubbles (2 to 3 minutes). Turn and cook about 2 to 3 minutes more, until golden brown. Makes 12 5-inch pancakes. Serving size 2 pancakes.

Exchanges: 1/2 Meat, 1-1/2 Breads, 2 Fats

SPICY PECANS

Makes 4 Cups

These nuts look great packaged in tall narrow cellophane bags tied with raffia or ribbon. Other nuts, such as peanuts, hazelnuts or almonds, can also be used.

- 1 tablespoon canola oil
- 4 teaspoons Worcestershire sauce
- 2 teaspoons ground cumin
- 2 teaspoons ground coriander
- 1 teaspoon chili powder
- 1/8 teaspoon cayenne or more to taste
- 4 cups pecans
- 2 teaspoons salt

Preheat oven to 300 degrees. In small bowl, whisk oil, Worcestershire sauce, cumin, coriander, chili powder, and cayenne. Place pecans in large bowl; pour mixture over nuts and toss to cover evenly. Sprinkle with salt. Spread nuts on a foil lined baking sheet and bake until nuts are more brown and dry, about 20 minutes. Cool completely and store in airtight container until ready to use. Serving size 1/4 cup.

Exchanges per 1/4 cup serving: 3 Fats

Package in clear bags and tie with a colorful pipe cleaner or twine.

More recipes and Scott's article is continued on the next page.



Hints & Pinches

The Art of the Gift

A simple gift from your own kitchen is always appreciated because it is deeply personal, coming from the heart and hands rather than the pocketbook.

The problem is that holiday schedules are often so hectic, few people find the time to cook; however, with good recipes and a little organization, it's possible to polish off your entire gift-giving list in just a couple of evenings. Keep in mind also, that turning your kitchen into a version of Santa's workshop, complete with love, music, good smells and great tastes, is really a much more enjoyable alternative to shopping in a crowded mall or department store.

Holiday giving should be fun, and these recipes are designed with that in mind. They're easy to prepare and will be cherished long after the holidays are gone.

Making a Good Impression

The outer presentation of a holiday food gift is critical, but it needn't cost a fortune. The good



Scott Wilson
First Place Food Consultant
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Scott Wilson is a certified executive chef with the American Culinary Federation. If you have any questions regarding food preparation, you may write him at 7075 Red Fox Lane, Cumming, GA 30040.

news is that almost anything goes when packaging edible gifts, from inexpensive copper wire and earthy raffia found at the hardware store to vintage tins, bottles, jars and lace sold at flea markets and yard sales. Wine glasses, mugs, and cups and saucers make great reusable gift containers, and brown bags, flower pots and small tin buckets decorated with paint, stencils or ribbon are both affordable and creative holders. Discount stores (think Dollar Stores-Big Lots-McFrugals) often sell glass bottles with ornaments and other small decorative items for just a few dollars, and don't forget to put last year's tins and gift bags to good use.

Scott Wilson

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RANCH-STYLE DRESSING AND DIP MIX

Prepare a basket with 4-ounce jars of this mix, a decorative bag of croutons or crackers, and holiday napkins.

- 2 teaspoons salt
- 2 teaspoons dried minced garlic
- 3 tablespoons dried minced onion
- 2 teaspoons freshly ground pepper
- 2 teaspoons Splenda® Granular
- 2 1/2 teaspoons paprika
- 2 1/2 teaspoons dried parsley flakes

Combine ingredients; blend well. Store in an airtight container. Give in decorative jars with directions below for dressing and dip. Makes 1/2 cup of mix, or 8 portions for dressing or dip.

For Dressing:

In a bowl or jar combine 1 cup of reduced-fat mayonnaise and 1 cup buttermilk. Add 1 tablespoon mix and blend well. Refrigerate.

Serving size 2 tablespoons.

Exchanges for 2 tablespoons: 1 Fat

For Dip:

In a small bowl blend 1 tablespoon mix with 1 cup light sour cream and 2 tablespoons softened reduced-fat cream cheese. Refrigerate 1 hour before serving. Serving size 2 tablespoons.

Exchanges for 2 tablespoons: 1/2 Fat





Bev's Footnotes

Ten Affordable Fitness Gifts



Beverly Henson
Certified Personal Trainer
Bevh1952@comcast.net

Are you looking for the gift that keeps on giving? Do you need help with gifts for your friends who are fitness enthusiasts? How about a stocking stuffer for one of your special First Place friends? News Flash! You don't have to buy expensive mechanical equipment to give an effective fitness gift. Here are ten affordable fitness gifts that would make great gifts this Christmas season.

- 1 Body Trends Full Function Pedometer - \$20.99** - The Body Trends' Full Function Pedometer is easy to set and use. It is ideal for walkers, hikers and joggers.
- 2 The Ball & Band Top to Bottom Solution - \$54.99** - This is a total body toning kit, which includes the exercise ball, fitness bands, and video.
- 3 The Pocket Trainer - \$19.95** - A daily 365 day workout guide for strength, cardio, and flexibility.
- 4 Walk Yourself Thin by David A. Rives - \$13.99** - A great book for picking up the intensity of your walking workout to burn calories.
- 5 Body Trends' Travel Solution - \$34.99** - Do you find it hard to maintain your workout routine when you are on the road? With a little planning and determination, you can work out no matter where you travel.
- 6 Tune Belt for Cd's or cassettes \$29.99** - Listen to your favorite First Place Scripture CD while you work out.
- 7 Thera Cane Deep Pressure Massage - \$46.99** - For treatment of muscle dysfunction or deep massage of trigger points, Thera Cane's patented design provides enhanced leverage for myopain relief. The pressure applied by Thera Cane

helps restore muscle function by increasing oxygenated blood flow and breaking up adhesions in muscle fibers.

- 8 Six-piece Walking Kit \$39.99** - Package includes two hand weights, pedometer, water bottle, tune belt, and a fitness guide
- 9 Office Trends Workout \$62.99** - Take a work break. With this kit you can work out in your office.
- 10 Stretch Step \$29.99** - Stretches the calf and foot. Eases the pain of Plantar Fasciitis.

These gifts and many more can be found at one of my favorite fitness sites www.bodytrends.com Check it out!

To you and your family, I would like to wish you a wonderful and blessed holiday season. Thank you for being faithful to the Lord as you PRESS ON and enjoy the First Place program. Bless you for your heart to become "Fit for Jesus!"

Merry Christmas! Bev Henson

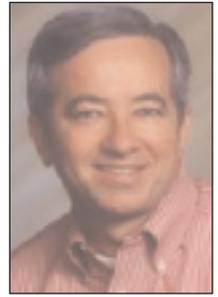
Acts 17:28
"In Him we live and move and have our being."

Beverly Henson is a conference and rally speaker for the First Place ministry. She is also a Bible teacher and certified personal trainer. Beverly joined First Place in July 1997 and has lost 160 pounds. First Place has given Beverly a powerful testimony. She is the First Place Director and the Director of Wellness Ministries at Northcrest Baptist Church in Meridian, MS.. She is also an area Networking Leader for First Place in Mississippi. Beverly has a genuine love of proclaiming the word of God to His people.





Give a Gift They'll Want to Return



Dr. Bill Heston
University Chaplain,
Howard Payne University
Brownwood, Texas
Bheston@hputx.edu

Don't you love giving the perfect gift! You know, the kind that causes a lot of giggles, smiles and maybe a tear or two? Finding that perfect gift and having it be a surprise adds to the delight of the giver. Unfortunately, most of the gifts I give are:

- A complete surprise, but then returned
- Greatly appreciated, but no surprise

We have begun a new tradition for our family of doing the "modified White Elephant" gift. This is taking the old 'White Elephant' idea that usually was a gag gift designed to embarrass the gift receiver, but the new twist is that it is something good – no gags! There is a price limit for each gift purchased and at the Christmas gift exchange, you pick a package when it is your turn, or you trade for something someone else has already opened. [Note: try to be the last person so you get the last pick of the gifts]. I learned the lesson – buy something you want that you think no one else would want, and then you probably will get to keep your own gift. May not be much of the Christmas spirit, but you leave happy!

Wouldn't it be great to give a gift that always delights the receiver, never breaks the giver – and when the gift is given, both receive the benefit.

When it comes to spiritual giving, we are always stronger, richer and more blessed when we give.

Paul tells us about spiritual gifts and lists all kinds of special abilities that are God-given: teaching, healing and knowledge. He immediately follows this lesson with a challenge to use these gifts in a "more excellent way." If all of these gifts can give us the ability to do incredible things and we do it for ourselves, it will really in the end amount to nothing, but if we commit to give the greatest gift, it will last forever. It is the gift of LOVE – agape! Now that is not just emotion, it is motion that will cause a commotion. Wrap this up and watch the gift that keeps on giving.

Dr. William Heston was minister of pastoral care at Houston's First Baptist Church; clinical member of the American Association for Marriage and Family Therapy, and a marriage therapist licensed by the state of TX. He has also led seminars at First Place Conferences."

I Corinthians 13:4-8a, 13 "Love is":

Patient – Give each other the benefit of the doubt.

Kind – do unto others...

Not jealous – finds joy in others success

Not arrogant – treats all people with respect

Not act offensive – appropriate behavior for each setting

Not seek its own way – aware of the needs of others

Not provoke – careful not to irritate

Not hold a grudge – to whom much grace has been given...

Not enjoy inappropriate things – seeks the higher road

Committed to the truth – Is it true, does it need to be said?

Bears all things – Carry your own load.

Believes all things – Sees the best rather than suspect the worse.

Hopes all things – forward thinking [no what ifs]

Endures all things – inner strength developed through life's difficulties

...The gift of LOVE – Agape, will never fail.

What a great gift to give – and you are almost guaranteed to have them return it to you!

Bill Heston

Bill Heston, D.Min. is Chaplain at Howard Payne University in Brownwood, Texas.





First Place Wants To Give You A Gift That Benefits You And The First Place Ministry

Many of you are aware that the last few years have been financially challenging for First Place. Changing publishers was expensive and we have struggled to get a solid footing since 2001.

We will begin taking orders immediately for the First Place core products, Member & Group Starter Kits, Bible studies, and all First Place Resources (Cookbooks, DVD's etc.). By doing this, you will be able to receive a 20% discount, and First Place will drop ship your order from Gospel Light in Cincinnati, Ohio. This will only apply to those items found on the order form. We know there are many churches that do not have a Christian bookstore in your town or city, so we are thrilled to be able to partner with you.

On the next page, you will find the order form and how to begin placing your orders with First Place.

Carole Lewis





FIRST PLACE DISCOUNT ORDER FORM

GL ACCT #152071

CALL KAY @ 1-800-846-1179 OR EMAIL kay@bigcountry.net

Quantity	Item	Product #	Discount Price	Total
	Kits:			
	Group Starter Kit	08307.33698	144.00	-
	FP Member Kit	08307.33701	63.00	-
	Bible Studies:			
	Giving Christ First Place	08307.28643	16.00	-
	Everyday Victory for Everyday People	08307.28651	16.00	-
	Life Under Control	08307.29305	16.00	-
	Life that Wins	08307.29240	16.00	-
	Seeking God's Best	08307.29259	16.00	-
	Pressing On to the Prize	08307.29267	16.00	-
	Pathway to Success	08307.29275	16.00	-
	Living the Legacy	08307.29283	16.00	-
	Begin Again	08307.32330	16.00	-
	Living in Grace	08307.32349	16.00	-
	Making Wise Choices	08307.30818	16.00	-
	A New Creation	08307.33566	16.00	-
	DVD's:			
	Leadership Training DVD	607135.008798	24.00	-
	Moving to the Word: Strength and Flexibility	607135.008903	16.00	-
	Moving to the Word: Aerobics	607135.005964	16.00	-
	Nine Commitments & Introduction	607135.009207	32.00	-
	Food Exchange Plan and Orientation	607135.009191	40.00	-
	Books and Other Items:			
	New First Place Favorites Cookbook	08307.32314	15.00	-
	Eating Healthy Eating Right	08307.30222	15.00	-
	Food Exchange Pocket Guide	08307.32322	5.00	-
	Health 4 Life	08307.30516	12.00	-
	Walking in the Word Scripture Memory	08307.33728	8.00	-
	First Place Brochures (25/pkg)	08307.33078	6.00	-
	Commitment Records (13/pkg)	08307.29011	6.00	-
			Order Subtotal	-
			TX Sales Tax * <input type="checkbox"/> 8.25%	-
			Shipping (Min \$5 or 10%)	-
			Total Order	\$ -

** TX Sales Tax is applicable to all orders purchased or shipped in Texas. Churches are exempt with Tax ID below.*

Ship to Information				Credit Card Payment Information			
Name:				Card #:			
Church:				Card Type:		Exp. Date:	
Tax ID:				Name on Card:			
Street Address:				Card Billing Address:			
Street Address:				Card Billing Address:			
City:		ST:		ZIP:			
Phone Number:				Person Placing Order:			
Email Address:							

For Office Use Only	Date Received:	Order Tracking No:
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DIRECTIONS -- FIRST PLACE DISCOUNT ORDER FORM

- Quantity** Enter the quantity of each item ordered.
- Total** For each item ordered, calculate the item total by multiplying the *Quantity* by the *Discount Price*. This will be calculated automatically if the order is completed online.
- Order Subtotal** If the order is handwritten, add the item totals above to identify the *Order Subtotal*.
- TX Sales Tax** If the order is being purchased or shipped to an address in Texas, click on the *TX Sales Tax* check box to calculate the correct amount of sales tax owed. If the order is handwritten, multiple the *Order Subtotal* by 0.0825 and enter the sales tax amount.
- Shipping** For orders of \$50 or less, the shipping cost is \$5.00. For orders over \$50, the shipping cost is 10% of the *Order Subtotal*. Enter the amount of shipping if the order is handwritten.
- Total Order** If the order is handwritten, add the *Order Subtotal*, *TX Sales Tax*, and *Shipping* to identify the *Total Order*. This is the amount that will be charged to the credit card provided below.

Ship to Information

- Name** Enter the name of the person to whom the order is to be shipped.
- Church** If this order is being placed for a church, enter the name of the church.
- Tax ID** Enter the Tax ID number of the church if this order should be tax exempt.
- Street Address 1 & 2** Enter the address to which this order is to be shipped.
- City, ST, ZIP** Enter the city, state abbreviation, and ZIP Code in each field.
- Phone Number** Enter the phone number of the person placing the order.
- Email Address** Enter the email address of the person placing the order.

Credit Card Payment Information

- Card #** Enter the card number to which this order is to be charged.
- Card Type** Indicate the card type as follows:
- | | |
|------|------------------|
| AMEX | American Express |
| DISC | Discover |
| MC | MasterCard |
| VISA | Visa |
- Exp. Date** Enter the expiration date of the card to which this order is to be charged.
- Name on Card** Enter the name printed on the front of the credit card being used.
- Card Billing Address 1 & 2** Enter the address to which this order is to be billed.
- City, ST, ZIP** Enter the city, state abbreviation, and ZIP Code in each field of the card's billing address.
- Person Placing Order** Enter the name of the person placing this order.

CALL KAY @ 1-800-846-1179 OR EMAIL kay@bigcountry.net

